

# Get period *prepared* with reusable period underwear



The first few years of your period can be heavier, and more irregular. That's why we created Modibodi Teen. Designed especially for teen bodies, Modibodi Teen underwear replaces the need for disposable pads and tampons, for a waste free reusable solution to your period.

Made from certified organic cotton, Modibodi Teen underwear can hold the same amount as 2 to 3 tampons, and can be worn for up to 8 hours. If the lining starts to feel damp against your skin, it's time to change them. After that, all you need to do is pop on a new pair of Modibodi Teen and get on with your day. No more period panic and checking the back of your clothes.

Modibodi products are lab tested for safety and performance. The Basic Brief does not contain anti-microbial treatments.



Controls odour



Replaces pads and tampons



Reusable product



Leak-proof

## How the absorbent lining works

Top layer wicks away moisture to keep you dry

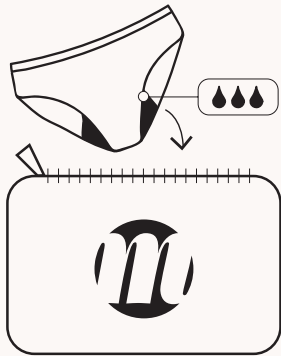
Absorbs fluid & locks it away

Waterproof outer layer prevents leaks



# Easy to use, easy to care for

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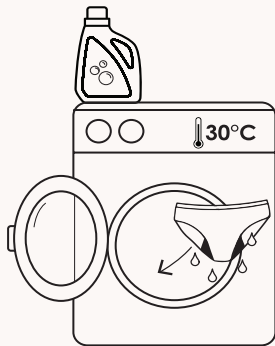
## Step 1.

After use, store in a waterproof bag until you get home.



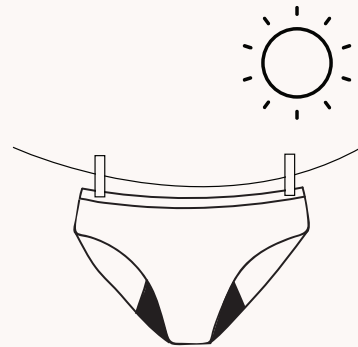
## Step 2.

Rinse in cold water until the water runs clear.



## Step 3.

Machine or hand cold wash.  
Do not use fabric softener.



## Step 4.

Hang to dry  
and repeat.



Scan QR code to learn more about how Modibodi® works and how to care for your garment.



[modibodi.co.uk](https://www.modibodi.co.uk)