

BIN IT DON'T FLUSH

A staggering **2.4 million* tampons** are being flushed down toilets in the UK daily, leading to blocked sewers and environmental damage.

Please do not flush:

Wipes

Tampons

Nappies

Sanitary pads

Paper towels

Incontinence products

#BeTheWaveOfChange

*phs Less Flushing, More Discussing whitepaper



Less Flushing,
More Discussing!

GARIC
ON-DEMAND. ON-SITE. ON-TIME